

Idaho Cup Session #1 – Men's Divisions

10:00 AM – Session 1 (Judging/Finals) All Men's Divisions in order:

Judging - Athletes will be brought out as a group, complete mandatories, comparisons and Judging. Athletes will then file off and finals will begin after the completion of the judging for all of the men's classes.

Masters Bodybuilding (70, 60, 50, 40)

Junior Bodybuilding (18-23)

Novice Bodybuilding

Hero – (Military and First Responders)

Open Bodybuilding (Bantam, Light, Middle, Heavy, Lt.-Heavy, Heavy & Super-Hvy.)

Master's Classic Physique 60, 50, 40 & 35

Junior Classic Physique (18-23)

True Novice Classic Physique (First time competing) **Classes TBD**

Novice Classic Physique (Classes TBD)

Hero – (Military and First Responders)

Open Classic Physique (Classes TBD)

Men's Physique – 60, 50, 40, 35

Junior Men's Physique (18-23)

Men's Physique True Novice (Classes TBD)

Men's Physique Novice (Classes TBD)

Open Men's Physique (Classes TBD)

Finals – Will take place after the completion of the Judging for all the Men's Classes in Session #1 (**Finals will start ten minutes after the completion of the last judging class, after the video commercial ends**) Finals will follow the same order as the judging and individual routines will be performed during the finals, with awards.

Featuring: Emcee Kim Farrison, Ms. Fitness Olympia Missy Truscott and Russ Testo.