

Idaho Cup Session #2 – Women's Divisions

4:00 PM – Session #2 (Judging and Finals) All Women's Divisions in order:

Judging - Athletes will be brought out as a group, complete mandatories, comparisons and Judging. Athletes will then file off and finals will begin after the completion of the judging for ***all of the Women's Classes***. Finals will follow the same order as the Judging.

Physique Masters (50 & 35)
Women's Physique - Open
Women's Bodybuilding – Open
Masters Figure (60, 55, 50, 40 & 35)
Figure True Novice (Classes TBD)
Figure Novice (Classes TBD)
Figure Hero – (Military & First Responders)
Figure Open (Classes TBD)
Masters Wellness (40 & 35)
Wellness True Novice (Classes TBD)
Wellness Novice
Wellness Open (Classes TBD)
Bikini (60, 50, 45, 40 & 35)
Junior Bikini (18-23)
Bikini True Novice (Classes TBD)
Bikini Novice (Classes TBD)
Hero – (Military & First Responders)
Bikini Open (Classes TBD)

Finals – Will take place after the completion of the Judging for all the Women's Classes in Session #2 (**Finals will start ten minutes after the completion of the last judging class, after the video commercial ends**) Finals will follow the same order as the judging featuring: Emcee Kim Farrison, IFBB Pro Ashley Jones, Duo Kinetics and Russ Testo.

Figure, Wellness & Bikini Finals: Athletes will be brought out as a group in numerical order onto the stage right diagonal line, you will be introduced and perform your routine (3 poses) and file off. If you have already posed in another class, you will perform a courtesy pose and then file off. After all athletes in your group have performed and filed off, listen as the emcee calls the top five back out for awards. **For Awards:** The top five will line up on the back line and as you are awarded you will move up to your designated place on the awards line in front of you.